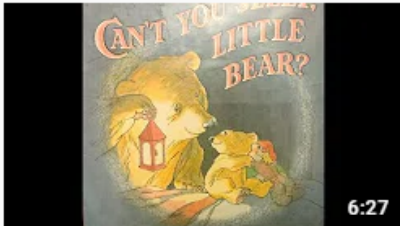


Can't You Sleep, Little Bear?

This week's literacy activities are based around the book 'Can't You Sleep, Little Bear?' by Martin Waddell.

Read the book if you have a copy at home, or read it on YouTube each day this week. You can find it on YouTube by searching 'Can't You Sleep Little Bear' or by following this link: <https://www.youtube.com/watch?v=aL356cZVfPg>



Can't You Sleep Little Bear?. Childrens Books Read Aloud.

StorytimeOnTheGo • 22K views • 3 years ago

It has been a long fun day for little bear, but when bedtime comes around, he seems to have problems going to sleep. This story is ...

We have also saved a copy with this week's home learning on the Ben Jonson website. There is no need to print this out.

Activity 1: Caring

How does Big Bear care for Little Bear? Write some sentences and draw a picture.

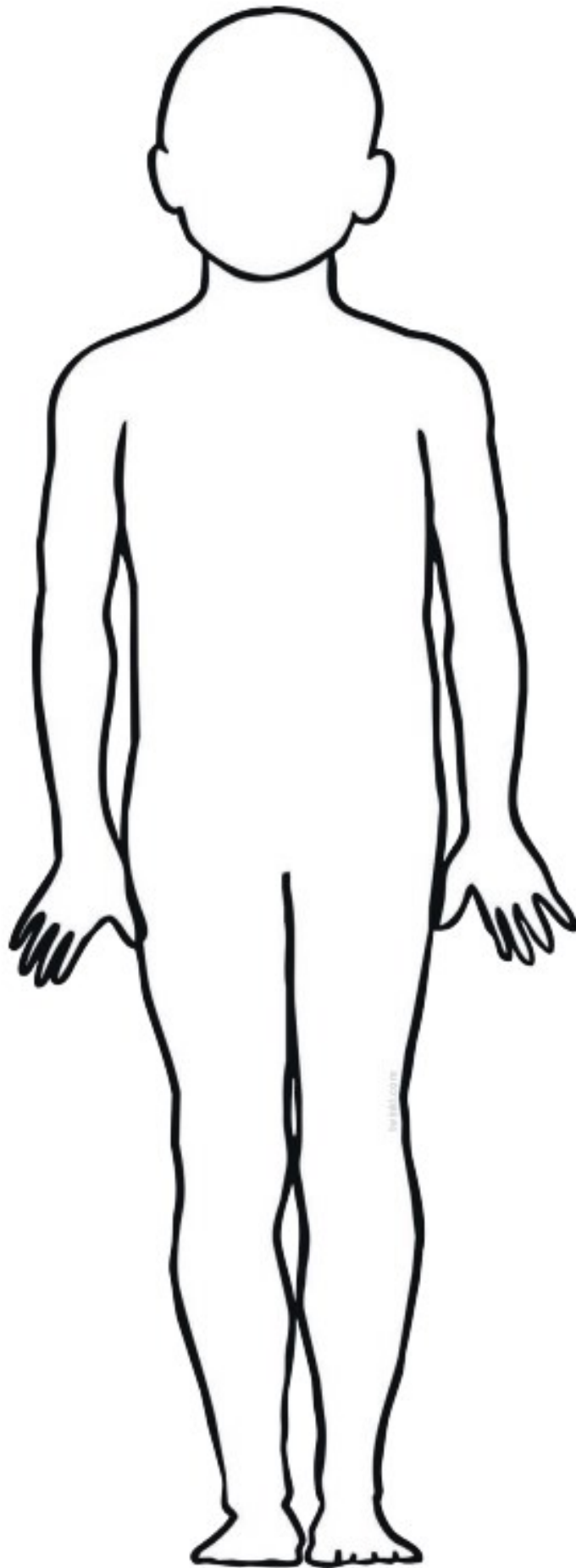
Activity 3: Worry Dolls

Little Bear was very worried. Being worried is a normal emotion, and we all go through this at some point in our lives. Worry dolls have been used for many years by children. The idea of a worry doll is that you make a worry doll that is special and unique to you. You then tell your worry to the doll and place it under your pillow or by your bed each night. You might just like to keep it somewhere safe in your room! In the morning, hopefully your worries have gone!

Create your own worry doll that is special to you. Here are some ideas:

1. Take a large wooden peg and use a cotton wool ball or similar for a head. Glue the head onto the top of the peg and either use a felt tip for the eyes, nose and mouth or get some sticky eyes and felt for the mouth. You could use wool for the hair. Clothes can be cut out of felt. Offer young people a variety of colours and materials to enable them to make the worry doll as personal as they can.
2. Take a handful of pipe cleaners and twist them around each other to create a body and some legs. Add a bead for the head and use some coloured cotton for the hair. The clothes can be made from more pipe cleaners twisted around the body.
3. Create a rabbit worry pet by using an old sock. Get an old sock and fill it with cotton wool or rice. Sew the end of the sock closed so that the stuffing does not fall out. Cut out some bunny ears using felt. Sew these onto the heel of the sock so that the foot of the sock becomes the head. Glue on some eyes and draw on a nose. Cut out two pieces of white felt and sew these on as teeth. Leave long pieces of cotton around the nose for whiskers. Sew on a pom-pom for the tail.
4. If your young person really wants to be creative, you could use clay or playdough or modelling clay to mould a figure into a person/an animal. This could then be kept on a bedside cabinet near their bed at night.
5. If your young person doesn't enjoy craft very much and still wants to try the idea of a worry doll, they could use the template over the page. Colour the doll as you wish, put clothes on them and chose what eye colour and hair colour your doll may have. You could stick on hair and eyes, or just colour it in.





Activity 5: People Who Help Us

There are many people in our community who help us in small and big ways every day. Some of these jobs include:



vet



teacher



lollipop person



road worker



police officer



lunchtime supervisor



paramedic



nurse



milk deliverer



mechanic



doctor



taxi driver



dentist



librarian



firefighter



refuse collector



bus driver



mechanic



caretaker



mountain rescuer



builder



post deliverer



life guard

Research one of these jobs and create a **fact file** about them. You can use any paper that you have at home, or use the sheet provided. Subheadings may include: what they wear, what they do, where they work.

Lined writing area with 18 horizontal lines.

Blank rounded rectangular box.

Lined writing area with 4 horizontal lines.

Lined writing area with 10 horizontal lines.